

Abstract

Parents and caregivers of children engaging in challenging behavior often feel at a loss and don't know the "right" methods to use to address their child's behaviors. They often turn to professionals (e.g., BCBAs, teachers, OTs, SLPs, etc.) who are deemed the experts to "fix" the behaviors or use punitive disciplinary practices that do not result in long-term behavior change. During parent training, our goal should be to educate and empower families by guiding them to understand and implement behavior analytic principles and concepts in order to become the primary agent of change.



Learning Objectives

- 1. Participants will be able to identify steps to effectively pair with families.
- 2. Participants will be able to identify methods for establishing goals and helping families prioritize.
- 3. Participants will be able to use behavior analytic concepts in parent-friendly terms.