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Dismantling Oppressive Practices in Clinical and Academic Supervision: How to be a Disruptor

## **Abstract**

With diversity, equity, and inclusion becoming more of a trend than a value, it is imperative that behavior analysts self-reflect and commit to actions that disrupt oppressive practices in the field. The panel will focus on how behavior analysts can mentor and supervise underrepresented supervisees and students, with a specific emphasis on empowering them and guiding them to recognize their strengths independent of the validation of those in power. The panelists will also discuss how to utilize and leverage one's own privilege to further these efforts to dismantle oppressive mentorship and supervision. Understanding that lived experiences are data, the panelists, who identify as women of color, will discuss how their own behaviors were shaped as a result of being oppressed in these systems (i.e., educational institutes, clinical settings, mental and behavioral health) and will share strategies to disrupt such systems. Audience members will be encouraged to participate and share their own lived experiences to contribute to this important conversation.



## **Learning Objectives**

At the conclusion of the presentation, participants will be able to:

- (1) define and engage in self-reflection
- (2) identify behaviors that promote disruption
- (3) identify behaviors that empower underrepresented clinicians and students.

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